



THE JESUS BLUEPRINT

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Isabelle Meiring

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This book will be
loved
and it will be
questioned.
It will be both
judged
and cherished.

**Most of all,
it will be
True.**

~

For my father, Prof Eben Meiring
May 1934 – July 2021

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IN THE BEGINNING

In the beginning, there was The Word – and the word was *not* God. There was no existence of words as we now acknowledge them, there was only *sound*.

Sound is as true to form, as water is to the ocean.

Sound is another phase of form, matter. One can see sound as the beginning, primary or primitive phase of matter itself.

Bear with me – you’ll need to allow many previous thought forms and identifications to crumble within you, in order to remain true to cultivating and receiving the simplicity of the information contained within these pages. This is only the *beginning*.

Our world of form seems to have always been held together by a dualistic nature (of our own invention) which dictates a rift between the forms we can see and the formless world, which is just as palpable yet, intangible.

The rift presents itself as the world of science versus the world of spirituality; the world of bread and butter versus the world of nourishment and abundance.

Within this journey you are embarking upon by moving through this book, we will excavate all the fundamental dusty building blocks of our divine existence here as humans on Earth and begin to truly weave together the fabrics of these two seemingly different sides of our reality.

This book is not about Jesus – it is more about You.

Jesus had total access to these divine building blocks of the reality which we all are truly born with, and he succeeded in embodying and living within this sublimely simple and exceptionally expansive state.

It is time to learn from his existence entirely and have the courage to explore what it would mean to stand shoulder-to-shoulder with our dear brother, Jesus.

It is your faith that drew you here, and that is what one can trust most, above all – the faith that feels so abstract yet, so fundamental to the grounding of your life.

I trust you to remain open, because I trust your faith.

I don't refer to any faith in particular – I mean the kind of faith that pulls you in directions which logic wouldn't, the faith that guides you to take one more step when your logic says stop, the faith that tugs at your heart when you most need it, the faith that resides in every sunset and sunrise, the faith that lives in the reflection of your child's eyes, the faith that brought you to this very moment where I am honoured enough to share this with you – the faith that lives within you endlessly.

That faith is about to become amplified and embraced to its greatest potential.

The only sign that you are ready for this to occur within you, is the fact that you are holding this book. Otherwise, you would've chosen a different, encouraging and satisfying book, an empowering one and of course, still good to have – yet just not the full spectrum of what your life has been longing for.

Yet, here you are.

In some way, your body and spirit have decided it is ready to open the gateways to remembering the true simplicity and splendid joys of what you are born for, what can never be taken from you, only hidden or forgotten.

Make no misconception, it is a journey which has been calling you in since you left the womb.

Coming into this world as we have known it for the past thousand years, at least, has only been a creation of logic, practicality and evasion of the natural state of homo-sapiens.

This is only due to the disconnection which human beings experienced from their innate nature, for want of something more fact-driven, tangible and measurable. An entire new way of 'life' as we know it, evolved steadily with this desire for proof and conclusive structures as the sole fuel.

This 'new' world that has been crafted by the modern human minds and governing bodies, settled for a fraction of the truth, in order to feel an ounce of finite satisfaction and safety, cutting out the 'immeasurable' and complete reality of Earth and our species, leaving us to only know and embody a mere fraction, by proxy.

This being said, alone, is proof that none of us really stood a chance against this massive man-made evolution we can see, looking back.

The good news is, nothing can be truly destroyed – a law that exists for all electromagnetic activity, which makes up every atom and molecule within our known Universe, as well as the space between each particle of matter.

The natural purpose and potential that was intended for the human body and soul cannot be destroyed, nor can the ways in which to return to this state be destroyed.

I am reminded of a quote by John Steinbeck in his book *East of Eden*; *"But I have a new love for that glittering instrument, the human soul. It is a lovely and unique thing in the universe. It is always attacked and never destroyed - because 'Thou mayest'."*

The very beginning of 'time' is truly incomprehensible to us as a species. God bless our involuntary ignorance as far as the true timeline of existence of matter and consciousness goes. This is nothing to spend precious energy on, although our scientists and astrophysicists over the last two centuries would disagree. The definitive understanding of the beginning of what we call time and matter, bears almost zero capacity to reveal to us a measurable state which could provide us with a definite answer to satisfy even the most analytical and curious minds.

This is because the nature of our Universe, and likely far beyond what we know as 'our' Universe, is not measured by a scale or unit system which we have – up to the present moment – come to invent or create.

The army of astrophysicists and various scientists would argue that, in order for humanity to move forward and evolve, we must understand the very matter and fabric of our origin and planet, even beyond our own home planet. They would argue that to understand how 'old' we are as a species, would provide us with a tapestry of evidences towards our purpose, our role, our never-ending illness of 'seeking'.

I don't feel it's necessary or viable to accurately and logically measure the thing the things we know as 'time' and 'matter', mainly because a great majority of our vessels and beings, don't operate on the levels of the practically perceived state of reality; We are made of a great deal more than just bone and blood, than mere matter which can be measured and dissected.

We are comprised of and a part of an intricately designed system which is mainly not viable to the naked eye of a modern human.

To expend all the resources and energy in our race to measure and excavate the practical evidence of our origins as well as the origins of

'time' as such, is a futile exercise in my eyes, as some things are necessary to be found in a different manner than what we are currently familiar with.

I do, however, stand fast to the notion that in order to come to know ourselves and our true nature in an ever deepening way, it is vitally important to become aware of our original blueprint and intended primary purpose.

As the old adage goes, *'You know better where you are going, when you can see where you have been.'*

This adage will echo through your mind at many intervals during this book, as the layers of the old, manufactured world paradigm begin to lift off your own consciousness and understanding.

There are ways and means to access the deep satisfaction and sublime knowing of the truth of your origins and your purpose, yet, it is not something we learn at school or in church, it is not even something which is taught or revived in adulthood or latter life, however, it is something which is omnipresent and forever accessible to you, should you choose to acknowledge it.

For the sake of perspective and modern comparison, astronomers and scientists aplenty, have gathered a semi conclusive estimate around the age of our Universe. This number is roughly 13.77 billion years.

The Earth itself has been estimated to be around 4.6 billion years old. The human species, as we know ourselves, is estimated to be around 200,000 years old, although what is said to be our closest ancestor, Homo erectus, lived on Earth allegedly 1.3 billion years ago until up to 135,000 years ago.

Regardless of whether these estimates are near truth or not, I am not here to argue, debate nor challenge what the great gods in white coats have given us to digest as our finite origins and our home's galactic age.

It is a fascinating thing, in the least, to stare plainly at a number so large and vast on paper, which has kept most of us satisfied for the better part of modern existence.

How did we become satisfied with others, of course more learned and skilled in a certain field of expertise, giving us a finite answer? How did we become reliant on others for such absolute and seemingly conclusive and true facts about our very existence? Moreover, what has that blind trust and learned 'faith' truly given us?

Questions such as these are worth the rumination and arduous musing over, to come to a simple and expansive space within oneself, as well as one's incomprehensibly intricate role within the world at large.

Query is the new currency, especially in modern times.

"Question *everything*.", my father had always told me.

He was right with that advice, as well as one other thing he never realized he was doing all along, yet stood as a massive example of: 'Seek and ye shall find'.

Only after my father's death, tentatively going through what books he had managed to keep with him over his many decades, did I realize that he had – quite unintentionally at times – been a 'seeker' for most of his life. When we imagine the personification of a *Seeker*, the majority of us imagine a person searching the globe far and wide, perhaps in a mysterious robe, their journey fuelled by lantern light and the thirst for truth alone.

Sadly, seekers are not the type of people we imagine as if to climb out of novels set in the medieval era. Although of course, that would be evermore exciting and intriguing, they are, more often than not, the ones that appear to embody otherwise 'normal' lives within society, yet only observant in a manner that is unmatched and remain just isolated enough to see inwards from the outside. Seekers stand on the boundary of the life we are subjected to collectively, and the life that aches for expansion. As if the circle we exist in, is simply a small part of the larger circle around it, which has no seeming end. In that larger circle, if you would imagine, is the vast ocean of knowledge, potential, limitlessness and possibility.

That is why, Seekers thirst for knowledge, because the hankering pull towards possibility and that which has been 'outcast' from our small circle of existence, is that much more tangible to them.

The longing towards 'answers' that truly give the body that deepening, settling warmth in the gut, that satisfaction one feels when you finally find something which feels greater than truth, greater than science, greater than finite, that feeling of resonance, of 'ah-ha!' – that is what Seekers crave and yearn for... because I believe the soul, body and life force in such humans inherently know it is designed for a very different experience than simply what has been taught to us in the inner circle of limited existence... and of course, we are.

What does one make of a sensation and feeling so tangible, so imploring, yet so seemingly abstract?

This querying and abstract longing was my life's foundation. I say 'was' because it is past tense; the sensation is no longer abstract, the

questioning is now answered by grace and the relentless reaching is now tamed by a deep and profound understanding, which ripples through every layer of my very being.

The trajectory which led me to this place within my life, was and is still magnified through my career as a transpersonal therapist; the path of walking alongside clients as they bravely undo and untangle their 'learned' selves and lives, in order to regain lucid joy and simplicity within their true embodiment of themselves, as they are divinely intended.

Early on in my practice, I found that something was evident and unavoidable in its consistency throughout all my clients' healing journeys alike;

It is never about gaining or becoming.

It is always about releasing, taking away, unbecoming.

It is never 'more'.

It is always 'less'.

It is never about going or reaching any 'where'.

It is always about arriving here, again and again.

This is a fundamental truth which runs through as a great river within the vast landscape of life, when embarking on the path to 'coming home' to yourself and the true healing journey of a modern human born into the society we know today.

The 'beginning' is the origin, as well as the destination. This is the simple foundation of all absolute truths.

The beginning is where we come from and where we return to. It is not a linear process, as it does not go further away from the origin point with every step, but an ever-widening and expanding

spiral. This is because when you arrive again at the point of origin, you are not the same being as when you last stood there.

This journey of coming home to oneself and one's natural role within the larger existence of our intricate Universe, is founded on exactly this principal.

I introduce this now, as the first and foremost principal of our journey through this book, and to understand why our roles collectively and individually have become as far removed from the cyclical state of nature as they have.

The journey home is meant to be consistent state – the state which so many have lost to modern principals of living, and equally long for – it was never meant to 'leave' our perception or understanding. It was intended that we live within this state of original harmony and simplicity from birth through until death in a physical body.

Yet, as the subtext of this book title reads;

it is the map you are born with and lose in the first years of life.

The map is the original state of being, the seamless potential and the true nature of the quantum and spiritual realms that weave between your every motion and notion.

The map is the original functionality of the cells and atoms that make up every organ within your body, untouched by modern substances and manipulated chemicals and molecules, as well as genetic malfunctions.

The map is the consciousness which is plucked away from you due to the imposed structures upon your limitations and senses.

The map is the ever-deepening compassion that lives within every part of your being, which is learned and taught out of you through age old separation consciousness and duality politics.

The map is not a road to some-where, it is the ever-present arrival in the land which the map is showing.

This land is your very own existence, the existence we are privileged enough to share here upon Earth.

The map is etched with endless possibilities and outcomes, eternal potential and deep connectedness to your innermost knowing.

The very connotations here towards the original intended state of a human being on Earth (and by proxy, all sentient beings in all kingdoms), seems idealistic at first glance.

It seems almost abnormal in its idealism and perfection, and just as we come into contact with the notion of it, we can find a myriad of reasons to dissolve its real and true possibility.

The truth is, it has never been an ideal; It has always been intended - divinely, biologically and practically.

It is now the journey of expelling the vast oceans of disbelief within the self and society, which is necessary.

This journey begins individually, which then ripples outwards by way of presence and personal action.

This journey cannot be rushed, nor can it be avoided.

This journey 'home' cannot be escaped because, each instance and occurrence within the scope of reality is designed to bring you closer to the knowing of this original map within you, your own essence, as you came here with.

Just as a flower cannot avoid it's blooming, a caterpillar cannot outwit his transformation into a butterfly, a tree cannot stop it's bulbs growing into fruit – nor can you escape your own nature and the culmination of it's core intention working through you as loving awareness.

It was always intended, it would always happen, it would occur in any case.

This is how simple it becomes, once it is fundamentally understood and felt wholeheartedly.

You are born to experience Earth, to experience harmony, to experience embodiment of your precious soul and life force. There has never been and will never be a separation from the divine God Source Life Force within you, merely the illusion or the forgetting of it, but it cannot become separated; not by will, not by choice, not by action – you are and you remain a limb of the divine Creator Force.

This is a fundamental truth which Jesus or Yeshua – whatever name of the man you choose and resonates with your own understanding – consciously embodied and personified.

This is the very golden compass which is etched into your own map of liberation.

It is the resurrecting and reigniting of this map - or Blueprint – which has become the work within and alongside every one of my clients, as well as the work that beckons each human being collectively.

There is not one human on Earth, which does not possess this Blueprint map, it is simply a question of the individual's own accumulation of dust, dirt and stains over this map, due to personal and collectively imposed filters over this inherent and perfect functionality that is the very glory of existing as a sentient being on Earth.

In modern day sciences, we call the effects and study of these influences Epigenetic – meaning the invisible external hands that have moulded your map, your psyche, your understanding of the world and yourself within it.

'Epi' is the prefix derived from Latin, meaning *on top or over, above, on the surface*.

'Genetic' derived from the early Greek connotation to 'genesis' or origin – to be born, to begin.

Epigenetics are the influences that shape you from the outside, over and above your 'beginning form'.

These are the roads of illusion and limitation, we use to lead us back to the individual's original and divine map within.

These old roads etched within our skins, are what we explore and excavate in the work that I do, which is equally the journey that has led me to sharing and uncovering so much of this with you, cultivating the deep foundations of my own journey and the journey of many countless clients I've walked with.

The great need to explore and excavate the state of the soils of your being, is to literally unearth the old roads, patterns, responses and behaviours that have settled within your soils, and till the lands within you, turn the soils, treat the mineral compositions, feed the soils their natural inclinations, and discover the original functionality of the fertile lands that make up your entire being, as walking in a human body.

This regards and applies to your ubiquitously whole being; emotion, thought, physical responses, imbalances, identification, focus, energy extension and the like. Every factor that your being is comprised of, stands here before me, whole.

You are whole.

You are here.

You have important and unimaginable power which courses through you.

Firstly - come into union now, with the knowing that you are one with all you admire, all you pray to and all you seek.

Now, try to accept it.

The path back home, is laced with good news. The only problem is, we have been made averse and programmed towards disbelieving the good news.

END OF SAMPLE



***Isabelle Meiring -
Celebrated Transpersonal Therapist, Leading Freedom Coach,
Author
& Founder of The Life Blueprint Transformation Process***

"A woman with a no bullshit approach and an avid believer in the true limitlessness of human consciousness, she is an expert in redefining the subconscious blocks and changing the reality of every client.

Isabelle is an internationally celebrated and applied Therapist, Consciousness Catalyst, Coach, Clairvoyant and Author of three books in the fields of psycho-emotional wellness and healing, Isabelle has for the past 12 years, run her own practice working intricately and deeply with people from all walks of life, each affected by a tapestry of various mental blockages, behavioural patterns,

childhood traumas, limiting thought patterns, mass matrix conditioning and more.

With her intensive strategy, she addresses and guides clients through their limitations into a powerful process of reprogramming the subconscious and freeing the innate essence within.

Her precise and compassionate technique catalyses the causes of depression, anxiety, stagnation in main areas of life; including career, relational, personal development and creative, as well as physical ailments and dis-eases, in order to create a wildly successful, loving and fulfilling life for each client, in harmony with their unique, aligned nature.

To find out more about her work with private clients and groups, as well as book signings and releases, visit www.lifeblueprinttherapy.com and explore the plentiful resources for your own journey into freedom.